



一般社団法人

日本蘇生協議会  
Japan Resuscitation Council



American  
Heart  
Association.

The Ambassador  
Or  
To whom it may concern

August 20, 2019

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**Re: Invitation to Participate in “Many Nationalities in a CPR Training” held in Tokyo as a part of World Restart A Heart Day events on October 16, 2019**

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Dear Ambassador;

On October 16, the inaugural World Restart A Heart Day, initiated by the International Liaison Committee on Resuscitation (ILCOR), will occur to promote bystander CPR worldwide. This awareness day focuses on Hands-Only CPR training and the importance of immediate action to help save more lives from cardiac arrest. Global bystander CPR rates vary between five and 80 percent. World Restart A Heart Day sends a unified global message to the public to save more lives and encourages our policymakers to take action.

As a part of the World Restart A Heart Day events around the world, the Japan Resuscitation Council and American Heart Association, both members of ILCOR, will host **“Many Nationalities in a CPR Training Session”** in Tokyo, Japan. We are inviting people of all nationalities from the embassies in Tokyo to attend this event to raise public awareness about CPR. Research shows that CPR, especially if performed immediately, can double or triple a cardiac arrest victim's chance of survival. As large numbers of people from around the world are expected to visit Japan for the Tokyo 2020 Olympic and Paralympic Games and, we each need to be prepared to save a life.

We would like to ask you or the staff of your office to kindly accept our invitation to participate in this free event:

**October 16, Wednesday, 2019 | 10:00 – 11:00 am**  
**Tokyo Medical Association Hall 2<sup>nd</sup> Floor**  
**2-5, Kanda-Surugadai, Chiyoda-ku Tokyo 105-8471**

Participants will learn the core skills of CPR and AED in approximately 30 minutes by using a *CPR manikin*.

After the event, if you win the special lottery 50 participants have the chance to get a CPR Anytime Personal Learning Kit.



Take it home and pass this kit on to their family and friends. This kit includes a bilingual DVD (English/ Spanish) which can be used to show the CPR skills at home or large community group setting.

**Registration page:** <https://bit.ly/30e1sTi>

\*The registration deadline will be **September 19, 2019**. Further details of the event will be sent to the participants via registered email.

**Information recommended by the Dean of the Diplomatic Corps in Japan  
Ambassador Manlio Cadelo of the Republic of SAN MARINO**

**This short training course for cardiopulmonary resuscitation (World Restart a Heart event) held in Tokyo is highly recommended to learn how to save lives from cardiac arrest, and this event is a very effective way to raise public awareness about CPR. Immediate actions by bystanders can change the chance of survival for cardiac arrest victims. Let us all be prepared for all healthy sport events and the Tokyo Olympics and the Paralympics as large numbers of people from all over the world are expected to visit Japan.**



A handwritten signature in black ink, appearing to read 'Manlio Cadelo'.

The executive committee members of this event include the Japan Resuscitation Council and its affiliated 22 Scientific Societies; the American Heart Association, a key member of ILCOR; and American Heart Association instructors aligned with the Japan Circulation Society International Training Center.

Thank you very much for your attention. We look forward to hearing from you shortly.

Sincerely,

Hiroshi Nonogi (MD, PhD., FAHA, FJCC, FJCA)  
President

**Japan Resuscitation Council**

<http://www.japanresuscitationcouncil.org/in-english/>

Sakakibara Heart Institute

Japan Research Promotion Society for Cardiovascular Diseases

2-5-4, Yoyogi, 2-5-4, Shibuya-ku, Tokyo, 151-0053, Japan

If you have further question about this event, please feel free to contact Laerdal Medical Japan.  
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**Administration office**

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